



Care Homes
Care at Home
MedCare Products

ANTARA ASSISTED CARE SERVICES LIMITED

NOTICE is hereby given that the 10th Annual General Meeting of Antara Assisted Care Services Limited will be held at a shorter notice on Wednesday, August 24, 2022 at 1000 hours at 1 Rajesh Pilot Lane, New Delhi-110011 to transact the following business:

ORDINARY BUSINESS:

1. To consider and adopt the Balance Sheet as at March 31, 2022, Profit and Loss Account and Cash Flow statement for the year ended on that date along with the notes to accounts and reports of the Board of Directors and Auditors thereon.
2. To appoint a director in place of Mr. Rajit Mehta (DIN: 01604819), who retires by rotation and being eligible, offers himself for re-appointment.

SPECIAL BUSINESS:

3. To consider and if thought fit, to pass with or without modification(s), the following resolution as an **Ordinary Resolution:**

"RESOLVED THAT pursuant to the provisions of Section 161 and/or any other applicable provisions of the Companies Act, 2013 and rules made thereunder (including any statutory amendment, modification or re-enactment thereof for the time being in force), Dr. Shubnum Singh (DIN: 07119825), who was appointed as an Additional Director of the Company with effect from April 18, 2022 by the Board of Directors of the Company pursuant to Section 161(1) of the Companies Act, 2013 and the Articles of Association of the company and who holds office upto the date of this Annual General Meeting, and being eligible, offers herself for appointment and in respect of whom the Company has received a notice in writing from a member of the Company and recommendation from the Board of Directors under Section 160 of the Companies Act, 2013 proposing



Care Homes
Care at Home
MedCare Products

her candidature for the office of Director, be and is hereby appointed as a Director of the Company with effect from the date of this Meeting, liable to retire by rotation."

"RESOLVED FURTHER THAT any Director or Company Secretary of the Company be and are hereby severally authorized, on behalf of the Company, to file requisite forms with the office of Registrar of Companies, NCT Delhi & Haryana and to do all such acts, deeds and things as may be required or considered necessary or incidental thereto to give effect to the above resolution."

By the order of the Board
For Antara Assisted Care Services Limited

Pankaj Chawla
Company Secretary
Membership No: F6625

Date: August 22, 2022
Place: Noida



Care Homes
Care at Home
MedCare Products

EXPLANATORY STATEMENT PURSUANT TO SECTION 102 OF THE COMPANIES ACT, 2013 IN RESPECT OF SPECIAL BUSINESS SET OUT AT THE NOTICE

ITEM NO.3

Dr. Shubnum Singh was appointed on April 18, 2022 as an Additional Director of the Company.

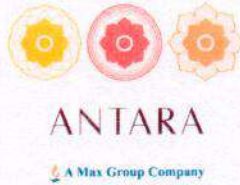
Pursuant to Section 161 of the Companies Act, 2013, the aforesaid Director can hold office of director up to the date of the ensuing Annual General Meeting. As required under Section 160 of the Companies Act, 2013, the Company has received notice in writing from a member of the Company, proposing candidature of Dr. Shubnum Singh for the office of Director of the Company. Pursuant thereto, the Board of Directors at its meeting held on May 20, 2022 recommended the candidature of Dr. Shubnum Singh as a Director of the Company. Brief profile of Dr. Singh is enclosed in Annexure 1.

Except Dr. Shubnum Singh herself, none of the Directors, Key Managerial Personnel of the Company or their relatives are concerned or interested in the resolution. The Board recommends the above Ordinary resolution for approval of the members.

By the order of the Board
For Antara Assisted Care Services Limited

Pankaj Chawla
Company Secretary
Membership No: F6625

Date: August 22, 2022
Place: Noida



Care Homes
Care at Home
MedCare Products

Form No. MGT-11
Proxy form

[Pursuant to Section 105(6) of the Companies Act, 2013 and Rule 19(3) of the Companies (Management and Administration) Rules, 2014]

CIN:

Name of the Company:

Registered office:

Name of the member (s) :

Registered address :

E-mail Id:

Folio No :

I/We, being the member (s) of the above named company, holding.....
Shares, hereby appoint :

1. Name :Address.....

E-mail Id :Signature :, or failing
him;

2. Name :Address.....

E-mail Id :Signature :,

as my/our proxy to attend and vote (on a poll) for me/us and on my/our
behalf at the Wednesday, August 24, 2022 at 1000 hours at 1 Rajesh Pilot
Lane, New Delhi-110011 and at any adjournment thereof in respect of
such resolution as indicated below :



Care Homes
Care at Home
MedCare Products

Resolution No:

- 1).....
2).....
3).....

Signed this..... day of..... 2022

Signature of Shareholder

Signature of Proxy holder(s)

Notes:

1. Proxy need not be a member.
2. Proxy form duly signed across revenue stamp should reach Company's Registered office at least 12 hours before the time of the meeting.
3. The Company reserves the right to ask for identification of the proxy.

Affix Revenue
Stamp of Re.
1/-



Care Homes
Care at Home
MedCare Products

ANTARA ASSISTED CARE SERVICES LIMITED
ATTENDANCE SLIP

Regd. Folio No.
No. of Shares held:

I certify that I am a member/proxy for the member of the Company.

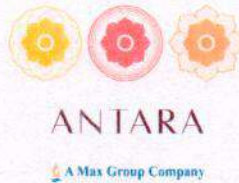
I hereby record my presence at the Annual General Meeting of the Company
at 1 Rajesh Pilot Lane, New Delhi-110011 on Wednesday, August 24, 2022 at
1000 hours.

.....
Member's/Proxy's name in Block Letters

.....
Signature of Member/Proxy

Note:

Kindly fill up this attendance slip and hand over at the entrance of the
meeting hall.



Care Homes
Care at Home
MedCare Products

The Companies Act, 2013

Consent by Shareholder *[Pursuant to section 101(1)]*

The Board of Directors
Antara Assisted Care Services Limited
Max House, 1 Dr. Jha Marg,
Okhla, New Delhi-110020

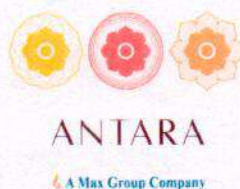
Dear Sir(s) and Madam(s),

I, -----(Nominee Shareholder of -----)/ (Authorised representative of -----), S/o -----, R/o-----
----/ having its Registered office situated at -----, the registered holder of ---- Equity Shares ₹ 10/- each in Antara Assisted Care Services Limited ('the Company'), hereby give my consent pursuant to Section 101(1) of the Companies Act, 2013 ('Act') to hold the ensuing Annual General Meeting of the Company onday, August..., 2022 at 1 Rajesh Pilot Lane, New Delhi - 110011 at shorter notice.

Signature

Name:

Date:



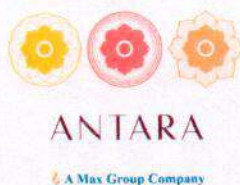
Care Homes
Care at Home
MedCare Products

Annexure -1

Details of Director seeking appointment/re-appointment at the Annual General Meeting

S. No	Particulars	Dr. Shubnum Singh	Mr. Rajit Mehta
1	Age	65 years	60 years
2	Qualification & Experience	Dr. Shubnum Singh is a founder member of Max Healthcare Institute Ltd, where she's been actively involved in strategizing and developing different verticals of the business, including insurance and senior living. In her capacity as CEO of Max Institute of Health Education and Research (MIHER), she was engaged in developing the educational vertical for the group including a Medical College, Nursing & Allied Health College, and Skills Academy. An alumnus of Lady Hardinge Medical College, Delhi, she has about 33 years of experience in clinical pathology, allergy & hospital administration. She has been honored by the British Association of Physicians of Indian Origin (BAPIO) in 2014 and by the State of Delhi for her contribution	Mr. Rajit Mehta is a graduate in Commerce, post graduate in Human Resources and has also attended an Advanced Management Program at INSEAD - France Mr. Mehta has an experience of more than 35 years. Mr. Rajit Mehta was appointed a Director effective May 27, 2020. He has been the MD & CEO of fellow subsidiary of the Company, Antara Senior Living Limited since August 7, 2019. Previous to that he was the MD and CEO of Max Healthcare until July 28, 2019. He is also a Non-Executive Director of Max Life Insurance and Max Skill First. He has also been a founder member of Max Life Insurance. He also mentored

		as a woman entrepreneur in the field of Healthcare.	the setting up of Max Skill First.
3	Terms & conditions for appointment or re-appointment	Non- Executive Director liable to retire by rotation	Non- Executive Director liable to retire by rotation
4	Last remuneration drawn	Nil	Nil
5	Date of first appointment on the Board	18.04.2022 (<i>appointed as additional director</i>)	27.05.2020
6	Number of shares held in the Company	Nil	Nil
7	Relationship with other Directors, Manager and other Key Managerial Personnel	N.A.	N.A.
8	Number of Board Meetings attended during the year	3 (Three)	3 (Three)
9	Other Directorships	Antara Senior Living Limited	1.Windows Consultants Private Limited 2.Interstoff Syndicate Private Limited 4.Quantum Institute for Wellbeing Private Limited 5.Max Skill First Limited 6. Antara Purukul Senior Living Limited 7. Antara Senior Living

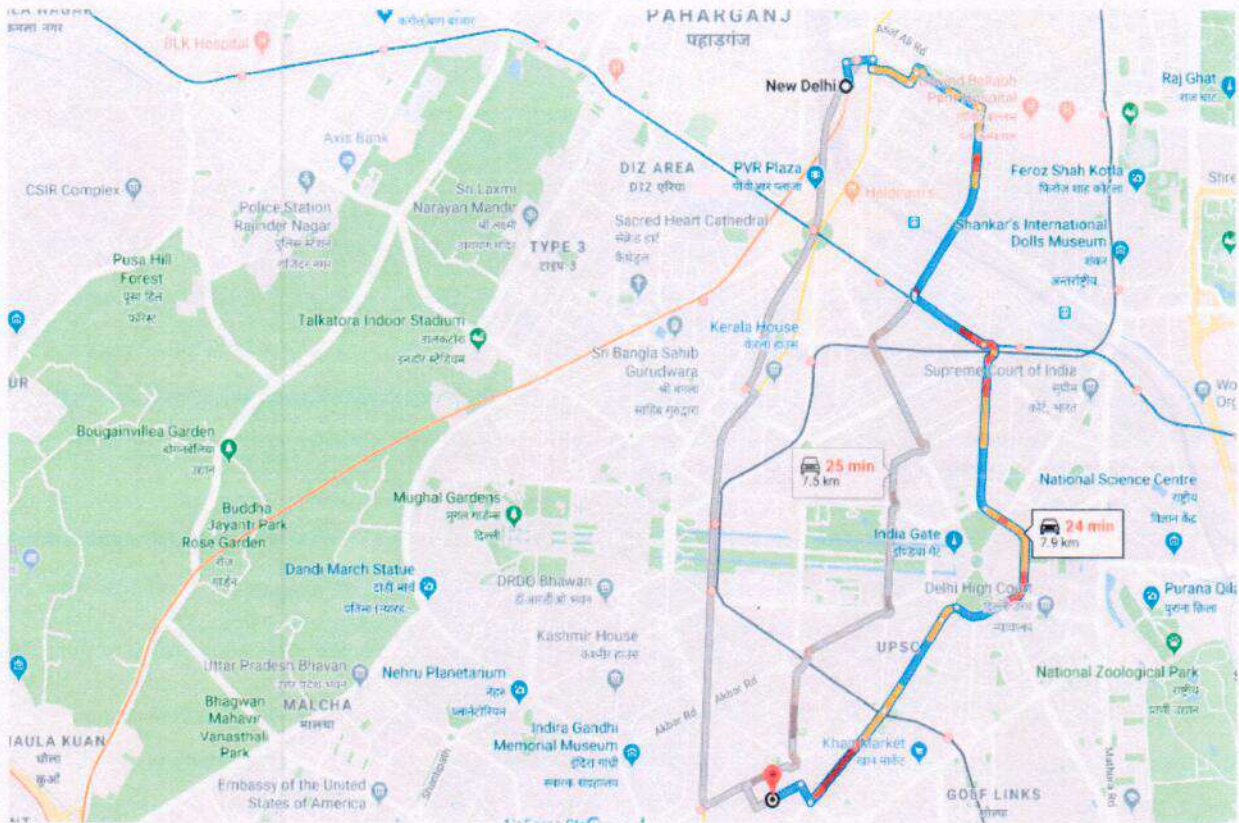


Care Homes
Care at Home
MedCare Products

			Limited 8. Max India Limited 9. Association of Senior Living India 10. Sheares Healthcare India Holdings Pte. Ltd. 11. Medica Synergie Private Limited
10	Membership/Chairmanship of Committees of other Boards	Member of Audit Committee and Nomination and Remuneration Committee of Antara Senior Living Limited	NIL

Route-maps of the meeting venue

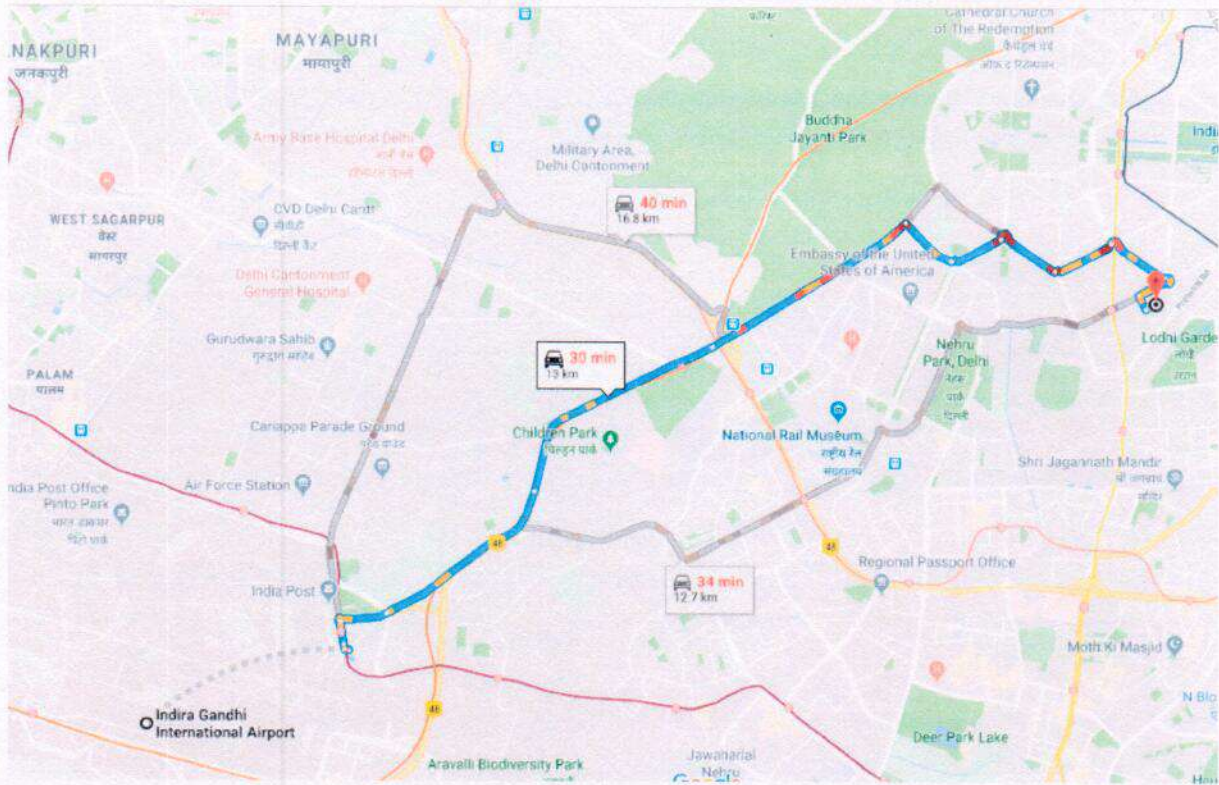
Route Map from New Delhi Railway Station to Rajesh Pilot Lane





Care Homes
Care at Home
MedCare Products

Route Map from India Gandhi International Airport to Rajesh Pilot Lane



Antara Assisted Care Services Limited

| Regd. Office : Max House, 1, Dr. Jha Marg, Okhla Ind. Area Phase 3, New Delhi 110020, India.

Ph: +91 120 495 4444 Website: www.antaraseniorecare.com

CIN No.: U74140DL2012PLC244411